

SHODEN[®]



www.arjunanatural.com

Enhance Your Power From Inside



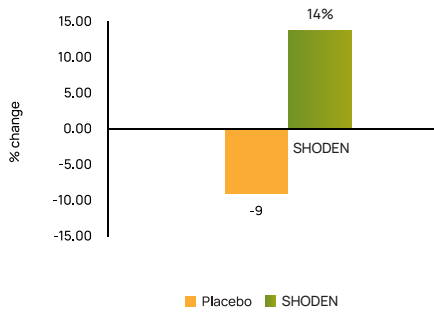
• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Shoden® offers high bioavailability and demonstrated activity even at low doses. With an industry leading 35 % Withanolide Glycosides (as measured by HPLC). Shoden® is an innovative, clinically proven, high potency extract from the roots and leaves of the ashwagandha plant.

Increases Testosterone by 14%

Randomized Placebo Controlled Double Blinded Crossover Study
Murdoch University, Australia – Published
Shoden® (120 mg) daily for 8 weeks

Testosterone - percentage change at 8 weeks

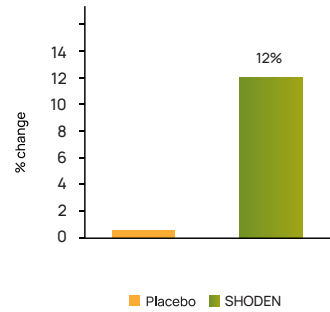


Lopresti, A.L., Drummond, P.D. and Smith, S.J., 2019. A randomized, double-blind, placebo-controlled, crossover study examining the hormonal and vitality effects of ashwagandha (*Withania somnifera*) in aging, overweight males. *American Journal of Men's Health*, 13(2), p.1557988319835985.

Increase in Testosterone by 12%

Randomized placebo controlled double blinded study - Published
Shoden® 240mg x 1 cap for 60 days

Testosterone (Males)



Lopresti, A.L., Smith, S.J., Malvi, H. and Kodgule, R., 2019. An investigation into the stress-relieving and pharmacological actions of an ashwagandha (*Withania somnifera*) extract: A randomized, double-blind, placebo-controlled study. *Medicine*, 98(37).

No Increase in Testosterone in Women

Helps relieve anxiety and stress

Supports Immunomodulation

Promotes improved Quality of sleep



Supports Mood Health

Potent Adaptogen

Promotes Testosterone in men

Promotes Endurance

APPLICATIONS

Functional Foods & Beverages

Dietary Supplements

Sports & Performance Products

Animal Health Products

Candies, Gummies & Chocolates

Encapsulation, Tablets and Powders

60-120 mg one - two times per day

Shoden® is a registered trademark of Arjuna Natural Pvt. Ltd.

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100+ Published Patents

Customers in 60+ Countries

1 Million+ Consumers