



SHODEN[®]

**Enhance Your
Natural Vitality**



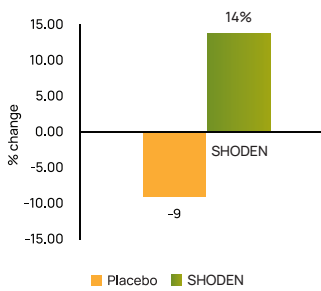
• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Shoden® offers high bioavailability and demonstrated activity even at low doses. With an industry leading 35 % Withanolide Glycosides (as measured by HPLC). Shoden® is an innovative, clinically proven, high potency extract from Ashwagandha.

Increases Testosterone by 14%

Randomized Placebo Controlled
Double Blinded
Crossover Study Murdoch
University, Australia - Published
Shoden® (120 mg) daily for 8 weeks

Testosterone - percentage change at 8 weeks

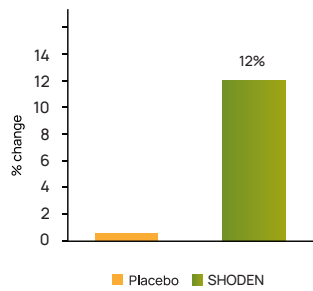


Lopresti, A.L., Drummond, P.D. and Smith, S.J., 2019. A randomized, double-blind, placebo-controlled, crossover study examining the hormonal and vitality effects of ashwagandha (*Withania somnifera*) in aging, overweight males. *American Journal of Men's Health*, 13(2), p.1557988319835985.

Increases Testosterone by 12%

Randomized Placebo Controlled
Double Blinded Study - Published
Shoden® 240 mg x1 cap for 60 days

Testosterone (Males)

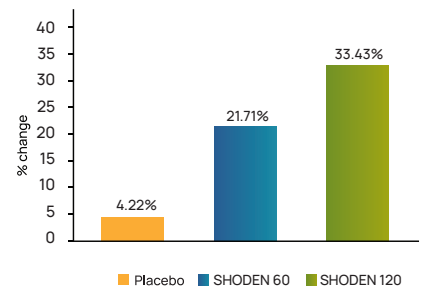


Lopresti, A.L., Smith, S.J., Malvi, H. and Kodgule, R., 2019. An investigation into the stress-relieving and pharmacological actions of an ashwagandha (*Withania somnifera*) extract: A randomized, double-blind, placebo-controlled study. *Medicine*, 98(37).

Increases Testosterone by 33%

Randomized placebo controlled double
blinded study - Unpublished
Shoden 60 & 120 mg x1 cap for 60 days

Testosterone (Males)



Mishra DN, Kumar M. Shoden promotes Relief from stress and anxiety: A randomized, double-blind, placebo-controlled study on healthy subjects with high stress levels. *Heliyon*. 2024 Sep 15;10(17)

No Increase in Testosterone in Women

- Helps Relieve Stress
- Supports Immunomodulation
- Promotes improved Quality of sleep



- Supports Mood Health
- Potent Adaptogen
- Promotes Testosterone in men

APPLICATIONS

Functional Foods & Beverages

Dietary Supplements

Sports & Performance Products

Pet Health Products

Encapsulation, Tablets and Powders

60-120 mg one - two times per day

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Shoden® is a registered trademark of Arjuna Natural Pvt. Ltd.



150+ International Patents

Customers in 70+ Countries

35+ Years Legacy

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